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## Following Officer

Good for October 1916, Only

KENTUCKIAN one year  
Daily Evening Post to Jan. 1  
Home and Farm six months  
Kentucky Governor's Wall Map, postage paid.

All For Only

**\$2.50**

Send all Orders to Kentuckian  
Hopkinsville, Ky.

## AT LAST FOOLED HIMSELF

Naval Constructor Contrives Analogy Between Some Governments and a Small Boy.

Naval Constructor Emery S. Land, the submarine expert, was talking about the psychology of war communicators.

"When governments issue false communiques—the governments at war are often convicted of doing so—I suppose their theory is that if you keep on saying a thing firmly enough everybody will believe it.

"It's like the story of the boy on the steamboat excursion.

"A boy boarded an excursion steamer after she had got filled up. There were no seats vacant. Every bench and camp chair was occupied.

"The boy then devised a trick. 'Seen the whale?' he began to ask the excursionists near him. 'They got a young whale tied to the pier on the other side and he's cavortin' around with his tail like anything.'

"Nobody believed the boy at first. His whale story was laughed at. But he kept on repeating it. Up and down he strode, urging everyone to go and look at the struggling whale on the other side of the boat and gradually, one by one, the passengers began to think he must be speaking the truth, and got up and crossed over.

"The boy secured a seat. Soon he could have secured a dozen, two dozen, a hundred seats. For the whale story had at last got in its work. Everybody had hurried off, so as not to miss the whale. The boy in the end was left absolutely alone.

"He sat alone for some time. He began to fume and wriggle and fret. Finally, he hopped up, and he, too, rushed to the other side of the boat, muttering:

"By gosh, maybe there is a whale there, after all!"

## Stop The First Cold

A cold does not get well itself. The process of wearing out a cold is a long and your cough becomes a habit. It is a good idea. Hacking coughs drain the energy and sap the vitality. For 47 years the happy combination of so many antiseptic balsams in Dr. King's New Discovery has healed coughs and relieved congestion. Young a doctor can testify to the effectiveness of Dr. King's New Discovery for coughs and colds. Buy a bottle today at your drug store. 5c.—Advertisement.

## Chicken and Rice.

Onion with chicken and rice is an unusual combination, and unusually good as well. This is a recipe from an Italian friend, but it should be immediately Americanized by adoption: "To serve six people have two moderate-sized onions to a person. Use one cupful of rice washed thoroughly, one cupful of chicken meat, diced fine three cupfuls of chicken stock and two cupfuls of water. Use for this an earthen baking dish, somewhat flat. Put the onions in first, then the rice and chopped chicken, pouring the stock water over last. Salt and pepper and dot liberally with butter. Place in a moderate oven and cover. Cook for at least an hour, then uncover the baking dish, and add a cupful of rice cream. Increase the heat of the oven and cook about twenty minutes longer. This combination should also be served in the dish in which it is cooked."

## CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Fletcher*

Serve Him Right.

No man knows what hour his wife may want another \$20 bill to pay for those things she bought.—Baltimore Sun.

## A UNIQUE RECORD

Very Few Like It In Our Broad Republic.

Grateful testimony for Doan's Kidney Pills, published everywhere, is of itself convincing evidence of merit. Confirmed testimony forms still stronger evidence. Years ago, a citizen in this locality gratefully acknowledged the benefit derived from Doan's Kidney Pills. The statement is now confirmed—the proof more convincing. Cases of this kind are plentiful in the work of Doan's Kidney Pills—the record is unique.

Mrs. A. T. Lee, Ellipton, Ky., says: "Kidney disease made me miserable and I could not turn in bed without my back being racked with pain. My strength had left me and I thought I had little longer to live. The kidney secretions were unnatural. I used a box of Doan's Kidney Pills and received relief at once. Continued use made me well and strong."

Over three years later, Mrs. Lee said: "I still use Doan's Kidney Pills occasionally and find them an excellent medicine for kidney trouble."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Lee has twice rubrically recommended. Foster-Milburn Co., Props., Buffalo, New York.

## Chicken Roast.

Melt three tablespoonfuls of butter blend in three tablespoonfuls of flour add gradually one and one-half cupful of chicken stock; season to taste with pepper, salt and celery salt; stir until smooth and thick, and add one and one-half cupfuls of chopped chicken. Remove the soft crumbs from crisp rolls, fill with the prepared chicken place in the oven until hot and serve.

## To Wash and Clean Tin.

Wash the tins well in hot, soap water and also add some soda and dry well while quite hot. Clean the inside of the tin pan or saucepan with lemon juice, if necessary. Clean the outside with whitening mixed to a paste with a little water. Let the paste dry thoroughly, then polish first with a soft duster and then with a leather.

## Eczema spreads rapidly. Itching almost drives you mad. For quick relief, Doan's Ointment is well recommended. 50c at all stores.—Advertisement.

## Burn Nut Oil.

'Good illuminating oil is produced from a nut raised in the Philippines.

## L. & N.

Time Card

Effective Aug. 13, 1916

## TRAINS GOING SOUTH.

No. 15—C. & N. O. Lim. 12:21 a. m.  
No. 51—St. L. Express 5:29 p. m.  
No. 95—Dixie Flyer 9:35 a. m.  
No. 55—Hopkinsville Ac. 7:00 a. m.  
No. 52—St. L. Fast Mail 5:36 a. m.

## TRAINS GOING NORTH.

No. 92—C. & St. L. Lim. 5:29 a. m.  
No. 52—St. Louis Express 9:55 a. m.  
No. 94—Dixie Flyer 7:02 p. m.  
No. 56—Hopkinsville Ac. 8:55 p. m.  
No. 54—St. L. Fast Mail 10:24 p. m.

No. 51 connects at Guthrie for Memphis and points as far south as Erin, and for Louisville, Cincinnati and the East.

Nos. 53 and 55 make direct connection at Guthrie for Louisville, Cincinnati and all points north and east hereof.

No. 93 carries through sleepers to Atlanta, Macon, Jacksonville, St. Augustine, and Tampa, Fla. Also Pullman sleepers to New Orleans. Connect at Guthrie for points East and West. No. 93 will not carry local passengers for points north of Nashville, Tenn.

W. N. CHANDLER, Ticket Agent.

## HONEY'S MANY USES

ARTICLE REALLY IS NOT PROPERLY APPRECIATED.

Healthy and Economical Food Should Be Far More Widely Used Than It Is—Some Ways to Employ It.

Honey is one of the healthiest and most economical foods, and it is not only delicious, but has invaluable medicinal qualities. It cannot, of course, take the place of sugar, as sugar is more convenient, for one thing, but it is better adapted to certain cooking than sugar and its flavor is an aid in securing that variety which all cooks are seeking.

For instance cream cheese and honey, either liquid or in the comb, makes a delicious and healthful combination.

Two ounces of honey and six ounces of strawberries, with three ounces of cottage cheese, two ounces of bread and two-thirds of an ounce of butter, the latter either spread on the bread or mixed with the cheese, makes a very well-balanced meal.

As a filling for sandwiches, honey may be used with chopped nuts, or the nuts may be added to cheese and honey for the same purpose.

Honey can be used instead of sirup or jam with cereals and pancakes, and if a little hot water is added to it it will be easier to pour. It is more convenient than sugar for sweetening lemonade or other fruit drinks, as it does not have to be dissolved. With charged water it has less of a tendency to expel the gas. Solid honey makes a delicious filling for cake.

It may be substituted for molasses in all forms of bread and cake cookery, and gives a more delicate flavor. It contains less acid than molasses, and so requires less soda in recipes which form when poured into cold water. Beat the white of the egg until stiff, and when the sirup has cooled slightly pour over the egg, beating the mixture constantly until it will hold its shape. This frosting is suitable for use between layers of cakes, but is rather too soft for the top.

Cakes made with honey will keep fresh much longer than when sugar is used. Indeed, if butter is omitted they will keep for months, and even improve in flavor.

Honey can be used in a variety of ways for preserving. A good jelly may be made by combining a cupful of apple juice with a cupful of honey and proceeding as in ordinary jelly making. Other combinations of the sort could probably be worked out.

Cranberries cooked in honey and water are delicious. Take equal weights of each of the ingredients, and after pricking each berry several times to prevent bursting and permit the sirup to penetrate to the interior, cook them slowly until they are soft and boil down the sirup until it just covers them. Pour into glasses and cover like jelly. A good method is to place all the ingredients in a double boiler and heat them very slowly. If this method is followed the boiling down of the sirup is even more necessary than when the berries are cooked more rapidly. Honey is good to use with sugar for candies, because it causes it to remain soft.

## To Mend the Screens.

The broken door or window screen is an eyesore all summer if it is left unmended, or the repairing is done clumsily. The neatest way to mend the screen is to cut a piece of wire netting about three inches larger than the hole. Remove the wires around the edge of the patch for half an inch or more, like drawing away the threads from a piece of linen. Bend the resulting prongs at right angles and fit the patch in place with the wire ends sticking through the screen. Press the patch flat against the larger surface, then on the other side press the ends back to their original position. This secures the patch.

## Small Baked Mackerel.

After splitting and cleaning fish place in a buttered dripping pan. Sprinkle with salt and pepper and cover with one-half cupful of thin cream. In place of the cream two-thirds of a cupful of milk and a little butter may be used. Bake in a hot oven for 20 minutes.

## Asparagus on Toast.

Wash asparagus, cut off the bottom of stalks. Then cut off the rest of the stalks and put these to boil in salted water and boil till tender. Then put in tops and boil till done. Toast bread, butter, and heat milk, put asparagus on toast, pour the milk over add pepper and salt to taste.

## Apple Sauce.

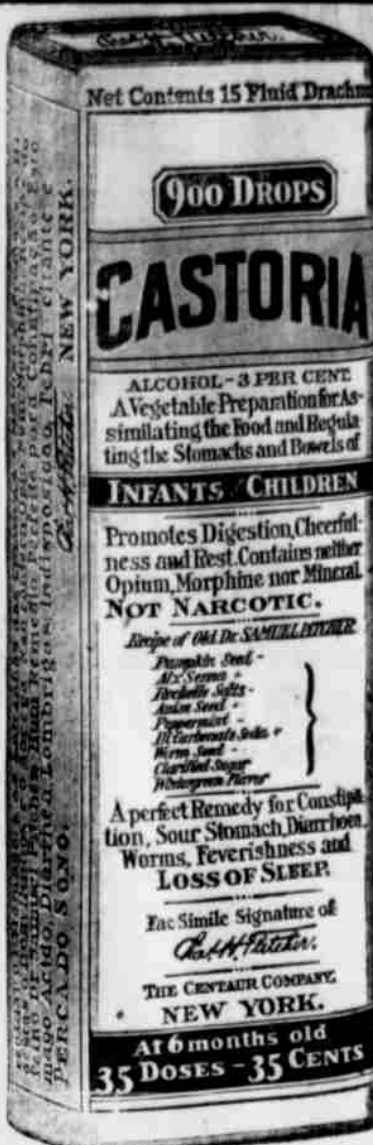
Roast goose, duck or pork should have apple sauce. First pare, core and quarter a pound of apples. Boil them till soft in a saucepan, with half a cupful of water. Add an ounce of sugar and half an ounce of butter and beat them up.

## Light and Fluffy Potatoes.

After the potatoes have been mashed and the milk added, add a pinch of baking powder and beat it with an egg-beater. You will find that this will make them light and fluffy.

## To Keep Brooms.

Soaking a broom in hot water before using for the first time will make the bristles stronger and add many months to their life.



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Always Bears the Signature

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## Fresh Oysters

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For a generous trial tube of this excellent tooth paste, send 2c. in stamps and your name to Vivaudou, 1000 Avenue de la Paix, Paris, France.